Blepharitis: The Biggest Unmet Need in Eyecare

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Financial Disclosures: Ben Gaddie, OD

- Consultant
 - Allergan
 - Bausch and Lomb
 - Tarsus
 - Ocusoft

What Is Blepharitis?

- · Traditionally taught it is either anterior or posterior
- · Anterior blepharitis was traditionally caused by bacterial overgrowth, staph endotoxin etc
- · Posterior blepharitis was eventually referred to as Meibomian Gland Dysfunction
- · I think they got it all wrong, TFOS/DEWS agrees with me!

TFOS DEWS II - Diagnostic Methodology

- Goals of the Diagnostic Methodolog
 Definition of dry eye disease (DED)
- 4. Classification of sub-categories of dry eye disease (DED)
- Diagnostic considerations
 Recommendations of appropriate tests for diagnosis and assessment of dry eye 7. Monitoring dry eye disease progression and management
- Clinical protocol for dry eye diagnostic test battery
 Differential diagnosis & comorbidities
- 10. Emerging technologies
- 11. Summary and conclusions 12. Financial disclosures
- 14. References

6.8.1.1 Anterior

Anterior eyelid features, such as anterior blepharitis and demodex blepharitis, are differential diagnoses and comorbidities of DED rather than diagnostic criteria and therefore are discussed in Section 9.

6.8.1.2.1 Lid wiper epitheliopathy (LWE)

A small portion of the marginal conjunctiva of the upper and lower lid acts as a wiping surface to spread the tear film over the ocular surface (379,880), This contacting surface at the lid margin has been termed the "lid wiper" (379). The normal lid wiper is rich in goblet cells (381), and appears to be the most sensitive conjunctival tissue of the ocular surface (382). Lid wiper staining with dyes such as fluorescein and lissamine green, which occurs principally in DED patients [298,299,379,383,384], has been termed lid

9.2 Anterior blepharitis

Inflammation of the eyelids can result from infection by, or allergic reaction to, external agents. The clinical features of blepharitis include redness, exanthema, sores, eschar, swelling, and bullous formation. Blepharitis is classified according to its anatomic location. Anterior blepharitis affects the base of the eyelashes, eyelash follicles, and/or eyelid skin. Inflammation of follicles is categorized as marginal blepharitis, whereas that of eyelid skin is blepharo-dermatitis. The pathogenesis of anterior blepharitis is infectious or noninfectious in nature, and so the location and cause of the condition should be considered for diagnosis [523]. Clinical features of anterior blepharitis often overlap those of DED [524]. Recurrent or persistent blepharitis can cause DED, thus observation of the eyelid is important for adequate diagnosis of DED. The tear meniscus, tear film breakup time and pattern, foamy discharge and debris in the tear film should be observed [524], along with the eyelid position (i.e., ectropion and entropion), eyelid closure (i.e., lagophthalmos), blink response and the anterior eyelid margin (noting any collarettes around eyelashes). Staphylococcal or seborrheic anterior blepharitis are linked to ADDE [482,524] in 50-75% of cases [525,526], perhaps due to the decreased tear volume supporting less lysozyme or immunoglobulins [526]. Definitive diagnosis is made by identification of the responsible microorganism or allergen. There are no specific clinical diagnostic tests for blepharitis. However, cultures of the eyelid margins may be indicated for patients who have recurrent anterior blepharitis with severe inflammation as well as for patients who are not responding to therapy [524].

9.3 Demodes nitro are common diorgated microscopic estoparasites that live on the surface of the human body. Demodes intestation is related to age with 86% of the population at age 60 and 100% of those other than 70 years exhibiting Demodes intestation (\$272.) Demodes can sprand from the face to the eyellab, perhaps locating to be beyond; and an observable present in the station (\$273.) Demodes can sprand from the face to the eyellab, perhaps locating to be beyond; and an observable to be found in asymptomatic patients [529]. Control to 1528.531.5331. However Demodes infestation can also be found in asymptomatic patients [529]. Control to the whigher rates of Demodes infestation can only an arrange. Not the relationship with DED symptoms and signs has not been investigated [534]. Two species, Demodes follulations and Demodes brevis have been identified in human eyelds [529.535,53]. Demodes follulations are explicatify found in the bath follicies of the eyelds, whereas Demodes there is no strong the state of the strong of t

Demodes can sometimes be observed in situ with high magnification slit lamp microscopy, on epilated lashes using standard light microscopy or using more advanced techniques, such as IVCA 1329,440.528,529,541]. Liu et al. [529] recommend the following clinical procedure based on a comprehensive literature review:

- Clinical history high index of outpiction when blepharitis, conjunctivitis or keratitis in adult patients or blepharoconjunctivitis recurrent chalaxis in young patients are refractory to conventional treatments, or when there is madarosis or recurrent trichiasis.
 Silt-lamp examination: typical cylindrical admidral is the root of eyeleptakes.
 Microscopic confirmation: detection and counting of Demodex eggs, lavae and adult mites on epilated tashes.

To avoid epilating eyelaches it has also been reported that Demodes leave the folicie and are visible by slit lamp microscopy after gentle tension is applied to the lash and the lash manually rotated with forceps, encouraging exodus of the mites and allowing the lash to 'scrape out' Demodes deep within the folicie [542], As Demodes infestation can also occur in non-DED patients [527], its diagnostic contribution is limited.



Ezgi Aktaş Karabay 🌣 *, Aslı Aksu Çerman 🐡 Received 18 March 3219; accepted 36 August 2015 Available online 13 February 2020 designated. The mession of state of an elevation of the state of state of states, which is provided in the state of the st

Results: In terms of gender and age, no significant difference was found between the patients and controls (p > 0.05). Demodex infestation rates were significantly higher in patients than in controls (p=0.001). Demodex infestation rates were significantly higher in the rosacea group than acne vulgaris and seborrheic dermatitis groups and controls (p = 0.001; p = 0.024; p = 0.001, respectively). Demodex infestation was found to be significantly higher in the acne vulgaris and seborrheic dermatitis groups than in controls (p=0.001 and p=0.001, respectively). No difference was observed between the acne vulgaris and seborrheic dermatitis groups in terms of demodicosis (p = 0.294).

The rapid effect of pulsed dye laser on demodex density of facial skin

Ragio Ertaș ¹, Ozan Yaman ², M Reşat Akkuş ³, Emin Öziü ³, Atil Avcı ¹, Ydmaz Ulaş ³, Kemal Ozyurt ³, Mustafa Atasoy ⁵

Affiliations + expand PMID: 29883220 DOI: 10.1080/14764172.2018.1481509

Background: Recently, treatment with acaricides, which is aimed at reducing excessive profileration of demoder mites, has gained appulantly due to its providing a significant of improvement in the symptoms of demeases, such as rosecus, seberonised dematities, and perioral dematitis. The effect of IPL on demoder mites was reported in skin biopsy specimens in three patients; however, to the best of our formedgam, no study exists to dark within evaluates the effect of placed give lesser (POL) on demoder demistry (DoI) in larger patient ground. We aim have in to observe the DoI brider and after POL, thengy with two offlierent bids in bispay schridigues.

Material and methods: Thirty-one patients diagnosed with roacea were included in the study who received PDL treatment. Dds which were measured by using both the SSSB (standardized skin surface biops) and CTM (cellophane tape method) techniques before and after 3 weeks of PDL therapy were evaluated.

Results and discussion: The Dd of patients before PDL treatment was 13.0 (interquantile ran (IOR): 5.0–28.0) and after 3 weeks of PDL treatment it was 6.0 (IOR: 3.0–12.0) with SSSB. Afte PDL treatment, the Dd was significantly lower than pretreatment the Dd (p = 0.002). The presidently shows that PDL significantly reduced Dd in falcial sidn with one session.

Keywords: Demodex; cellophane tage method; demodex density; pulsed dye laser; standardized skin surface biopsy.

> Clin Exp Dermatol. 2009 Dec;34(8):e516-20. doi: 10.1111/j.1365-2230.2009.03343.x. lipub 2009 May 22.

Is Demodex folliculorum an aetiological factor in seborrhoeic dermatitis?

Y Karincaoglu ¹, B Tepe, B Kalayci, M Atambay, M Seyhar

Affiliations + expand PMID: 19486039 DOI: 10.1111/j.1365-2230.2009.03343.x

Abstract

Background: Seborrhoelc dermatitis (SD) is a common inflammatory skin disease for which no single cause has been found, although many factors have been implicated. The mite Demodex folliculorum (DP) is most commonly seen in the pilosebaceous until in humans. SD is located in areas that are rich in sebaceous glands, which are also preferred by DF.

Alms: To compare the number of DF parasites in patients with clinical SD and in healthy control to investigate any possible relationship between the number of DF mites and the presence SD.

Methods: The study comprised 38 patients with 50 and 38 healthy controls. Standard random and lesion-specific sampling was performed in the group of patients with 5D, whereas standard random sampling only was performed for controls.

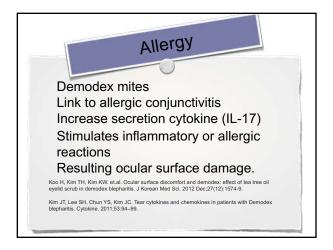
Results: Demonstrate folicitorum ampling was personal recursions. Results: Company of the Ampling was personal recursions and the Ampling was possible in 19 patients (50%) and 5 controls (13.1%). Mean DF density was 8.16 etc. 1-1. Medifferences between groups for DF positivity and mean DF density was 4.16 etc. 1-1. Medifferences between groups for DF positivity and mean DF density were significant expenses. On the certain of positivity and in 13 lesional areas in the patient groups. But no significant expenses of the positivity and the patient groups. But no significant expenses of the positivity and the patient groups. But no significant expenses are presented as the patient groups. But no significant expenses are presented as the patient groups. The patient groups are presented as the patient groups are presented as the patient groups. The patient groups are presented as the patient groups are presented as the patient groups. The patient groups are patient groups are patient groups. The patient groups are presented as the patient groups are patient groups. The patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patient groups are patient groups are patient groups. The patient groups are patien

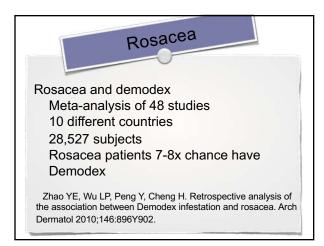
Conclusions: The number of DF mites was significantly higher in both lesional and nonlesional areas of natients with SD. This supposts that, when other aetiological causes are excluded. DF

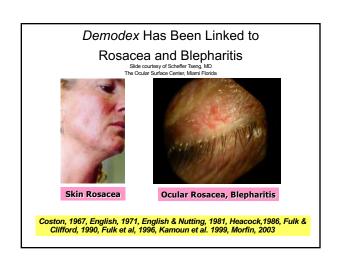
Results: Demodex folliculorum sampling was positive in 19 patients (50%) and 5 controls (13.1%). Mean DF density was 8.16 +/- 10.1/cm(2) (range 0-40) and 1.03 +/- 2.17/cm(2) (1-7) in patient and control groups, respectively. The differences between groups for DF positivity and mean DF density were significant (P = 0.001 for each). DF was found in 13 lesional areas in the patient group, but in only 5 areas in the control group (P = 0.031).

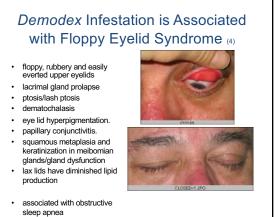
Conclusions: The number of DF mites was significantly higher in both lesional and nonlesional areas of patients with SD. This suggests that, when other aetiological causes are excluded, DF may have either direct or indirect role in the aetiology of SD.

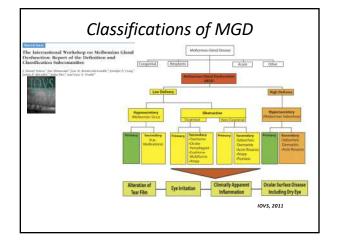
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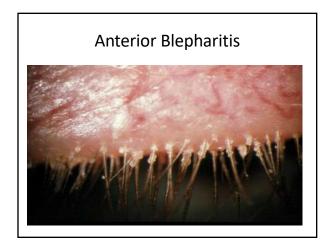




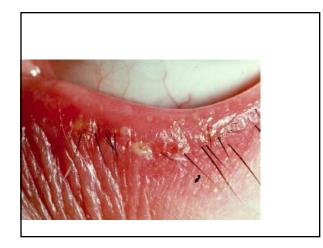


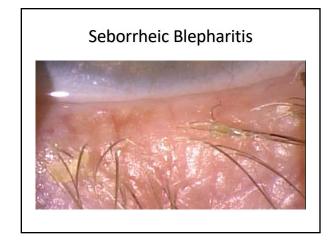




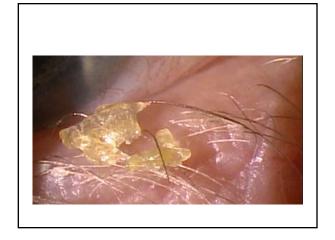








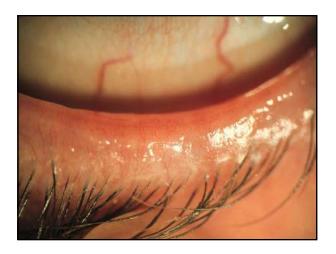




Rosacea

- Erythema
- Telangiectasia
- Pustules
- Prominent sebaceous glands
- Rhinophyma





What Do We Know?

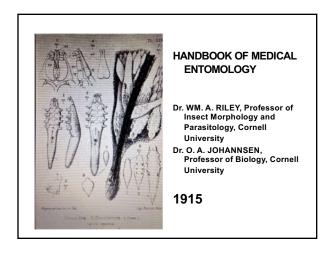
- Blepharitis and MGD are extremely common
- Demodex is extremely common
- Lid disease is a common cause of evaporative dry eye
- · Rosacea is a common cause of MGD
- · Demodex is a common cause of Rosacea
- What we thought was anterior blepharitis is probably Demodex
- Ocular allergy symptoms overlap dry eye and MGD symptoms

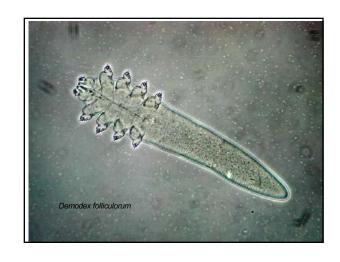
What We Really DON'T Know:

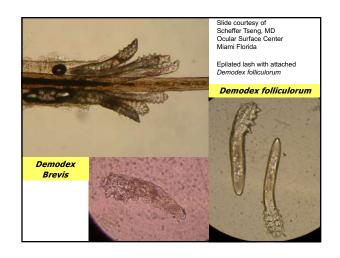
- · What is the true prevalence of Demodex?
- · How much Demodex results in symptoms
- How much "symptom" is needed to treat
- Which percentage of dry eye is really lipid layer evaporation vs. mucin deficiency
- What is an effective and enduring treatment for MGD?
- What is an effective and enduring treatment for Demodex?

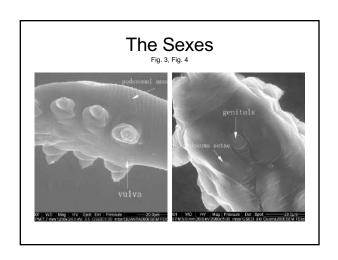
What We Really DON'T Know:

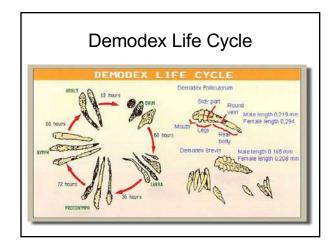
- Could there be a socioeconomic predisposition to demodex?
- Are autoimmune systemic conditions associated with blepharitis?
- Are there differences in prevalence rates by ethnicity or gender?

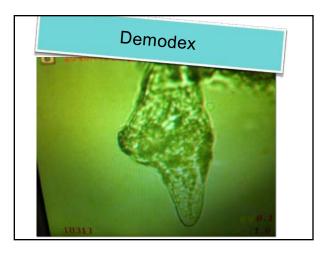








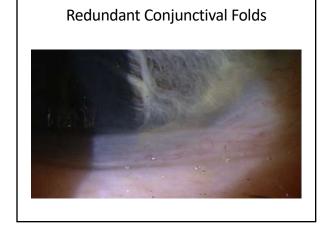


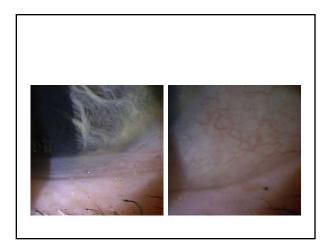


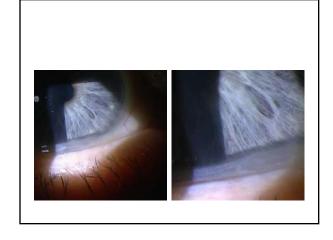


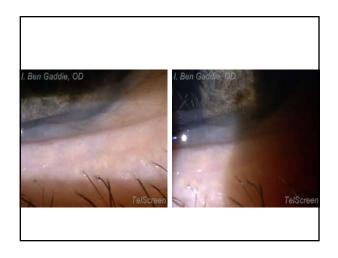
Symptoms of Demodex

- Eyelid itching
- Ocular itching
- Facial itching
- Thickened, red lids seen
 - Personal observation: Exacerbated in PGA pts
- Watering, often chronic
- Eyelash loss
- Chronic redness of conjunctiva
- Coexists with OSD and MGD symptoms

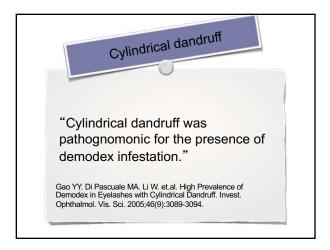


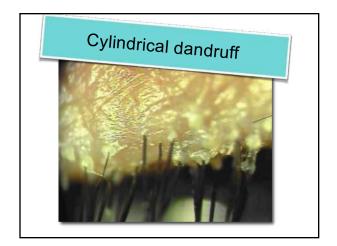


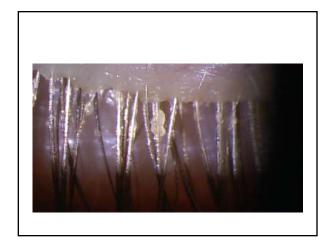


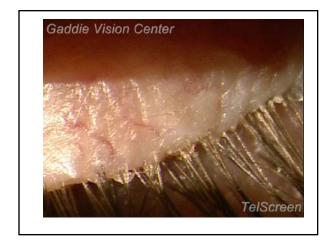


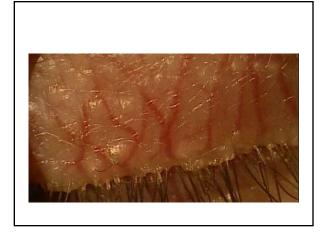
2. Slit lamp evaluation

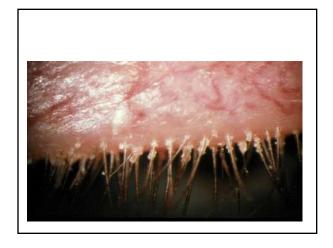


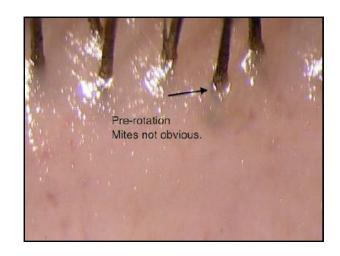


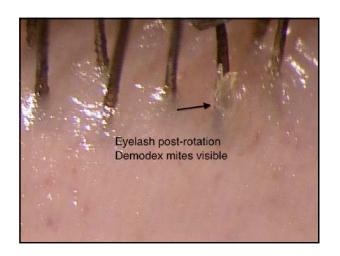






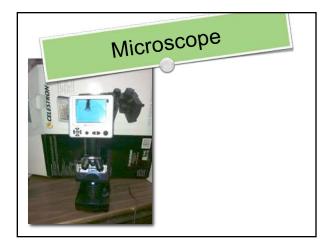


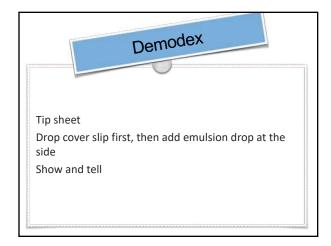


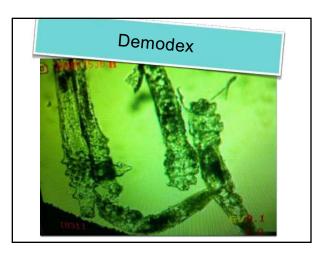




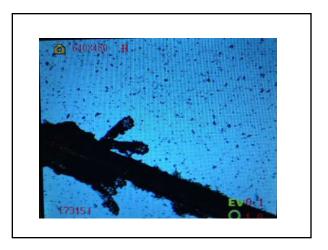
3. Epilate and microscope

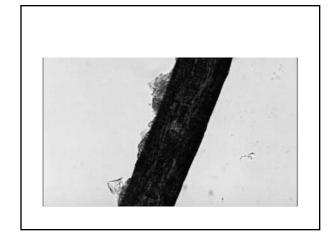


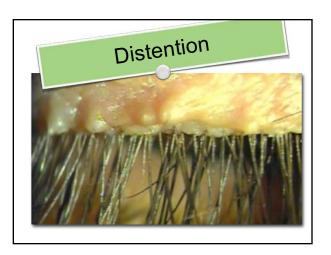






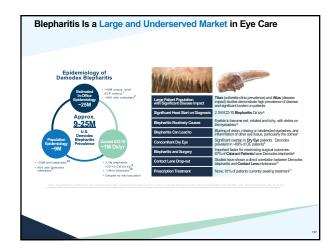


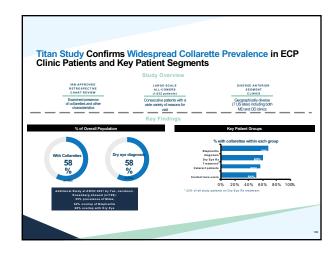


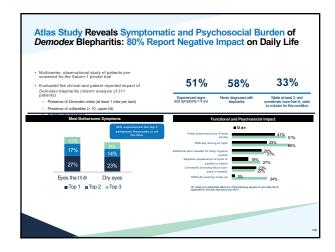


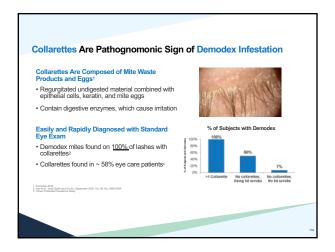




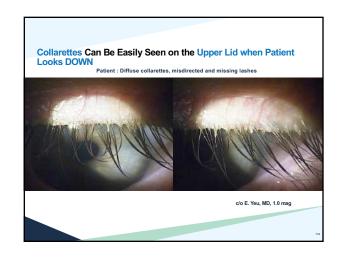


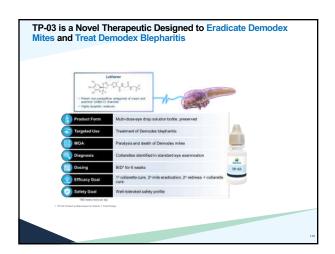


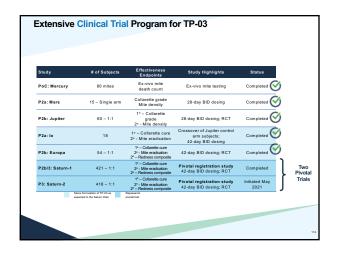


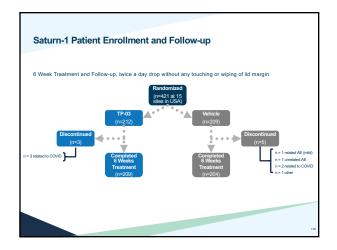


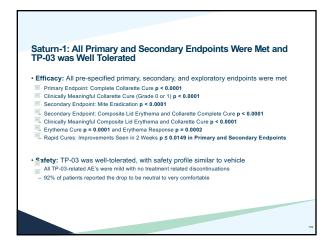


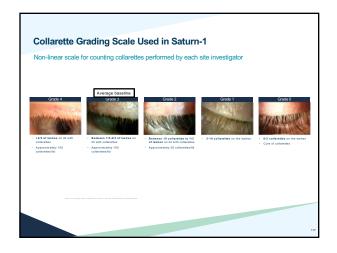


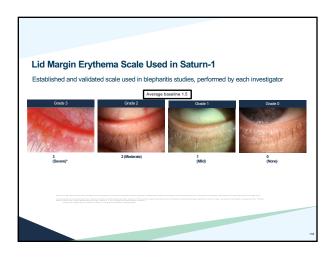


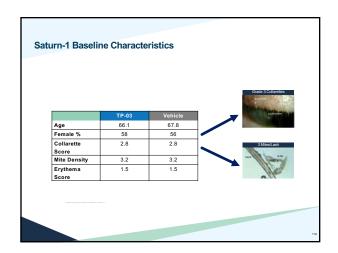


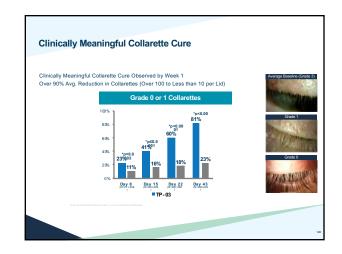


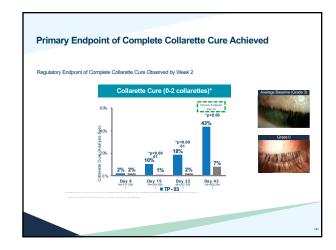




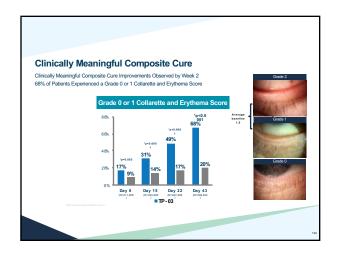


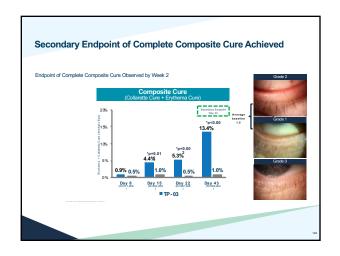


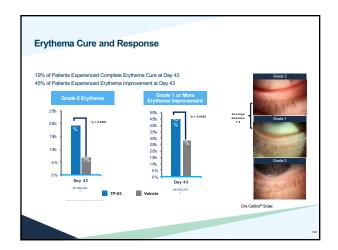


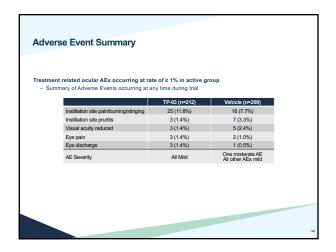


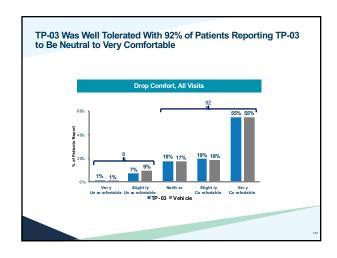


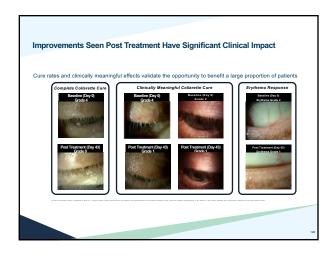










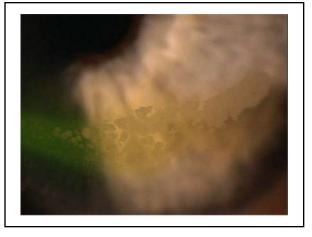


Current/Previous Treatment methods for Demodex

- · Topical Ivermectin
- · Topical Tea Tree Oil
 - Ocusoft Demodex kit
 - Cliradex premedicated towelettes
 - Blephadex towelettes or foam
 - Terpinol-4 Active ingredient in TTO
- Other homemade concoctions?
 - Macadamia Nut oil

In Office Treatment

- I find about 50% of patients find some symptomatic relief with one month use of Cliradex at home
- Patients with heavy scruff may need an in office treatment to remove scruff (Blephex) or TTO will never get to the target.
- Typically doing 2 different in office TTO, rarely third
- Maintenance on Cliradex; range QD to Q 1-3 x week



Treatment Goal:

- NOT to eradicate 100%
- Want to knock down the "load" and reduce symptoms
- Like to see some visible reduction in cylindrical dandruff
- Improve redness profile of eye, lid and face

Ointments

- Do ointments have any efficacy in treating demodex?
- Erythromycin
- · Gentamycin
- · Tobradex Ung
- Lotemax Ung
- Pilo ung?

Last thoughts...

Although their pathogenic potential remains unclear, the ubiquitous pilosebaceous mite Demodex (generally considered a saprophryte) overpopulation should be considered as cause in recalcitrant cases of blepharitis/conjuctivitis/corneal pathology.

Demodex brevis induced pathological changes in the meibomian gland function/lipid layer is implicated in evaporative dry eye/ocular surface disease.

