Ocular Surface Disease Survival Guide for Everyday Practice

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Dry Eye Disease

- 42% of patients complain of symptoms that would indicate DED (60-80M people)
- 30–50 Million in the North America based on longitudinal studies
- 16–18 Million diagnosed with DED

OSD in CL Wearers

- Symptoms of dryness and discomfort are highly prevalent (up to 50%) among contact lens wearers and are the most commonly cited reason for the discontinuation of contact lens wear.1
- 59% of CL wearers were found to have clinically significant MGD. 2
 - 1. Blackie C. A single vectored thermal pulsation treatment for meibomian gland dysfunction increases mean comfortable contact lens wearing time by approximately 4 hours per day. Clinical Ophthalmology 2018: 12, 169-83.
 - 2. Machalińska A, et al. Comparison of Morphological and Functional Meibomian Gland Characteristics Between Daily Contact Lens Wearers and Nonwearers. Cornea. 2015 Sep;34(9):1098-104.

Dry Eye and Other Conditions

Dry eye disease is common among patients with other conditions

100 -Percentage of Patients with Dry Eye 80 -60 -59% 54% 50% 40 -20 -25% Contact Lenses Allergy Diabetes Glaucoma/ (n = 2319)(n = 3285)(n = 199)**Ocular Hypertension**

(n = 101)

5

Prevalence of Dry Eye in Patients With Various Conditions

1. Moss SE, et al. Optom Vis Sci. 2008;85(8):668-74;

2. Doughty MJ, et al. Optom Vis Sci. 1997;74(8):624-31;

3. Manaviat MR, et al. BMC Ophthalmol. 2008;8:10; 4. Leung EW, et al. J Glaucoma. 2008;17(5):350-5.

4. Leung EW, Medeiros FA, Weinreb RN. Prevalence of ocular surface disease in glaucoma patients. J Glaucoma. 2008;17(5):350-355.

Cataract of DED on Cataract Surgery Outcomes

- 63% of pre-cataract surgical patients had a TBUT of less than 5 seconds. 1
- Patients who had osmolarity scores within normal limits were within a half diopter of intent, whereas 17% of those with hyperosmolarity would have missed their IOL calculation by more than a diopter. 2

1. Trattler WS, Majmudar PA, Donnenfeld ED, McDonald MB, Stonecipher KB, Goldberg DF. The prospective health assessment of cataract patient (PHACO) study: the effect of dry eye. Clin Ophthalmol. 2017; 11:1423-1430.

2. Epitropoulos AT, Matossian C, Berdy GJ, et al. Effect of tear osmolarity on repeatability of keratometry for cataract surgery planning. Journal Cataract Refract Surg. 2015 Aug;41(8):1672-7.

Dry Eye Prevalence in Patients Scheduled for Cataract Surgery¹



- 22.1% of patients had previously received a diagnosis of Dry Eye Disease
- 80.9% of patients had an ITF Dry Eye Level 2* or higher, based on the presence of

signs and symptoms

* An ITF level of 2 indicates moderate Dry Eye.

1. Trattler WB, et al. Clinical Study Report: Cataract and Dry Eye: prospective health assessment of cataract patients ocular surface study. 2010. (Unpublished study).

Ocular Surface Disease Survival Guide for Everyday Practice:

Begin with the Lid in Mind

MGD



Significant Signs of Blepharitis







MG Expression







Straight Forward Diagnostic Methodology





5 Triaging Questions from OD Summit



How much time to you spend on digital devices per day?

Optometry Dry Eye Summit, Denver 2014



Risk Factors for Dry Eye Disease





Questionnaires













Identify the Subtype of DED









Diagnostic Summary

- Questionnaires
 Global test for homeostasis
 - Ocular surface staining or
 - TFBUT or
 - Osmolarity

3. Subtype

- MG Expression
- Meniscus height

In Chronological Order

- 1. Symptoms (most significant and when)
- 2. Eyelid assessment with MG expression
- 3. Ocular surface staining with NAFL (#15 yellow Wratten filter)

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- TFBUT
- Corneal stain
- Conjunctival stain



ALGORITHM for EVAPORATIVE DRY EYE











Perflourohexyloctane

Indication

perfluorohexyloctane ophthalmic solution is a semifluorinated alkane indicated for treatment of the signs and symptoms of dry eye disease.

Important Safety Information

- Should not be administered while wearing contact lenses. Contact lenses should be removed before use and for at least 30 minutes after administration
- Instruct patients to instill one drop of PFHO into each eye four times daily
- The safety and efficacy in pediatric patients below the age of 18 have not been established
- The most common ocular adverse reaction was blurred vision (1% to 3% of patients reported blurred vision and conjunctival redness)
Single-ingredient Formulation



PFHO Inhibits Evaporation

Mimics key functions of **natural meibum^{1,2}**

Remains in tears for up to **6 hours** (PK rabbit study)^{2,3} Promotes **healing** on the ocular surface⁴⁻⁶

Reduces friction^{5,7}

MIEBO FORMS A MONOLAYER at the air-tear interface, which can be expected to reduce evaporation. An in vitro study showed that MIEBO was **4X** more effective at inhibiting evaporation compared with meibum lipids.¹

PFHO Demonstrated Rapid and Sustained Relief

In 2 large clinical trials where 100% of participants had clinical signs of MGD

Improvement in the Signs and Symptoms of DED at Day 57 (primary endpoint) and

Day 15 (secondary endpoint)

 Total corneal fluorescein staining
Eye dryness score (visual analog scale)

Excellent Tolerability

No serious ocular AEs

Low discontinuation rate due to AEs

Low rate of burning or stinging

Only 1 ocular AE with an incidence ≥2% (blurred vision, 2.1%)

Rapid and Sustained Improvement in Total Corneal Staining as Early as Day 15 Through Day 57





Mean Baseline = 6.9

At day 57, Mean (SD) CFB GOBI: -2.0 (2.6) for MIEBO (n=289) vs -1.0 (2.7) for saline (n=279) (P<0.001) MOJAVE: -2.3 (2.8) for MIEBO (n=302) vs -1.1 (2.9) for saline (n=296) (P<0.001)

An Excellent Tolerability Profile

In 2 pivotal clinical studies of >1200 patients (>600 treated with PFHO)









Serious ocular AEs Low rate of discontinuation due to AEs

Low rate of burning or stinging There was one ocular AE with an incidence ≥2% (blurred vision)

PFHO Offers a Comfortable Experience



Small drop size (11 µL) means **MIEBO may feel different** from formulations containing water



There may be **no ocular sensation or blink reflex** upon instillation



Bacterial Biofilm in Lash Follicles



IPL and LLLT

- Intense Pulsed Light Therapy and Low Level Light Therapy
- Clear association between DED and lid margin inflammatory disease
- Widely accepted as a treatment for dermatological rosacea
- More than 80% of patients with rosacea have MGD
- 20% have ocular signs first

IPL and LLLT

- Telangiectatic vessels and skin erythema release inflammatory mediators
- IPL targets the abnormal erythematous blood vessels
- Affects mitochondrial activity
- Temperature effect on glands?
- Photomodulation affecting cytochrome C or activating fibroblasts and collagen synthesis





TREATMENT: Demodex



CONSISTS OF A PHASE 1 (WITH A SPECIFIC BLUE LIGHT MASK) AND A PHASE 2 (WITH THE STANDARD

PHASE 1 – BLUE MASK

Blue light stimulates porphyrins and creates an anti-bacterial action.

PHASE 2 – RED MASK

Red light stimulates ATP by increasing and improving cellular activity, it reduces inflammation and oedema and works on Meibomian glands.







Endogenous Heat



Pult, H. Messung der Hauttemperatur nach Intense Pulse Light (IPL)-Anwendung sowie Low-Level-Light-Therapie (LLLT). die KONTAKTLINSE 4/2020.

Endogenous Heat

		Temperatures At Times After Treatment						Standard deviation and the p-values at specific times				
		Before	T = 0 min	T = 2 min	T = 5 min	T = 15 min	T = 25 min	T = 0 min	T = 2 min	T = 5 min	T = 15 min	T = 25 min
141	Lower	36.2°C	35.7°C	35.8°C	36.0°C	35.9°C	36.1°C	p=0.028	p=0.100	p=0.270	p=0.177	p=0.326
	Lid	±0.72	±0.64	±0.60	±0.71	±0.69	±0.68					
	Upper	36.5°C	36.3°C	36.7°C	36.4°C	36.5°C	36.1°C	p=0.257	p=0.253	p=0.371	p= <mark>0.50</mark> 0	p=0.103
	Lid	±0.65	±0.69	±0.67	±0.73	±0.66	±0.72					
	Cheek	35.5℃	39.6°C	37.1°C	35.7℃	35.6°C	35.5°C	p<0.001	p<0.001	p=0.262	p=0.320	p=0.323
		±0.70	±0.72	±0.59	±0.68	±0.70	±0.71					
		36.0°C	37.6°C	36.5°C	35.9°C	36.1°C	35.8°C	p<0.001	p=0.016	p=0.316	p=0.316	p=0.171
	Temple	±0.67	±0.68	±0.63	±0.65	±0.64	±0.66					
1111	Lower	35.9℃	40.4°C	39.6°C	37.1°C	36.5℃	35.3°C	p<0.001	p<0.001	p<0.001	p=0.006	p=0.042
	Lid	±0.69	±0.58	±0.60	±0.72	±0.63	±0.72					
	Upper	36.2°C	41.8°C	40.7°C	37.5℃	37.5°C	36.1°C	p<0.001	p<0.001	p<0.001	p<0.001	p=0.371
	Lid	±0.65	±0.65	±0.67	±0.69	±0.67	±0.70					
		35.4°C	39.8°C	38.8°C	36.7°C	36.5°C	36.1°C	p<0.001	p<0.001	p<0.001	p<0.001	p=0.012
	Cheek	±0.79	±0.75	±0.63	±0.67	±0.71	±0.76					
		35.0°C	37.7°C	37.1°C	36.1°C	36.1°C	35.6°C	p<0.001	p<0.001	p<0.001	p<0.001	p=0.025
	Temple	±0.73	±0.70	±0.69	±0.70	±0.65	±0.69					

Pult, H. Messung der Hauttemperatur nach Intense Pulse Light (IPL)-Anwendung sowie Low-Level-Light-Therapie (LLLT). die KONTAKTLINSE 4/2020.







Lotilaner 0.25% is a First in Class Novel Drug Designed to Eradicate Mites and Treat Blepharitis

Lotilaner is designed to paralyze the mite nervous system through parasite-specific GABA inhibition



Mercury Study: TP-03 Works by Killing Mites

Ex-vivo mites extracted from the lashes of blepharitis patients



Cure of Collarettes with BID use of TP-03



Jupiter Phase 2b Study: High Collarette Cure Rate and Mite Eradication Rate

FDA-requested primary and secondary endpoints



Collarette Cure Rate



Mite Eradication Rate

Active Vehicle

Figure 1. Saturn-1:

Proportion of patients with 2 or less collarettes for the upper eyelid



*Day 43 Primary Endpoint; XDEMVY N=209, Vehicle N=204, p-value <0.01

Figure 2. Saturn-2:

Proportion of patients with 2 or less collarettes for the upper eyelid



*Day 43 Primary Endpoint; XDEMVY N=193, Vehicle N=200, p-value <0.01

TP-03 is a Novel Drug to Treat Demodex Blepharitis by Eradicating Mites and Collarettes

Product Form	Multi-dose eye drop solution bottle, preserved
Indication for Use	Treatment of Demodex Blepharitis
MOA	Paralysis and death of Demodex mites
Diagnosis	Collarettes on slit lamp examination
Dosing	BID for 6 weeks
-ở- Efficacy	Collarette cure, mite eradication, other secondary endpoints
Safety	Very clean to-date (mild transient stinging in < 10% of patients)

Omega fatty acids and Dry Eye

LA / GLA (ω-6)

Increase "good" PG (PGE-1)

Against ocular surface inflammation

Increase tear production

Positive action on lipid layer (Graham RH. There's nothing fishy about omega-3 fatty acids for Dry Eye Syndrome. www.medscape.com/viewarticle/707984. Sep 3, 2010.)

Positive action on tear volume (Roncone M, Bartlett H, Eperjesi F. Essential fatty acids for dry eye: A review. Cont Lens Anterior Eye 2010; 33(2):49–54.)

Help to maintain MG function (Macsai, 2008)

Supplemental GLA for Dry Eye: <u>7 Controlled Clinical Trials</u>

- Aqueous-deficient (Barabino S et al. Cornea 22: 97–101, 2003.)
- PRK (Macri A et al. Graefes Arch Clin Exp Ophthalmol 241:561-6, 2003.)
- Sjögren's (Aragona P, et al. Ophthalmol Vis Sci 46:4474-9, 2005.)
- Contact lens (Kokke KH et al. Contact Lens Ant. Eye 31:141-6, 2008.)
- MGD (Pinna et al. Cornea 26:260-264, 2007.)
- Mild-moderate DE (Brignole-Baudouin et al. Acta Ophthalmologica 89:e591-7, 2007.)
- **Post-menopausal women (***HydroEye***)** (Sheppard JD, Pflugfelder SC, et al. Cornea 32 :1297-1304, 2013.)

Algorithm for Aqueous Deficient Dry Eye Disease

INFLAMMATION

TEAR VOLUME

Loteprednol 0.25% Mucus Penetrating Particles (MPP) Drug Delivery Technology

Sunla	NK
sement	P
serving Sport	racte
Servings p. 5g	
av rer Cont	Ain
Cale	ainer: 20
Toilories	Amount
Iotal Fat	Per Servin
Sahura	8
Terrated Fat	0-
Charles Fat	9g
c lesterol	09
odium	09
Potassi	00
Total	122 -
Carbohud	· .2g</td
Cietary Ellarate	30mg
D Jugars Der	30
rotein	21-
Vitamin A	0
Vitamin	09
Vitamin C	e ⁰ 9
Vitama B6	400mca
Vita B3	50mc
Gramin B15	600-
Tuen Tear	20.
Dumeric Oxtract	to
THA	long
aurine	iSing
-reating	emg gm8
Malican	20mg
Potasei	200m
Sodium Chi	150m
Calcius citrate	250-
Citric actat	50-
Percendid ant	400
Daily Daily ydrou	100009
NGREDIN Value Values	Soo
Version States To estate	e bassing

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180 Day Extended Duration Punctal Plugs

OC-01 (varenicline solution) Nasal Spray Improved Signs at Week 4 — Integrated Data

Data presented with imputation for missing assessments; observed data does not alter interpretation. All comparisons made to control group. *Post-hoc statistically significant

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OC-01 (varenicline solution) Nasal Spray Improved Signs at Week 4 — Integrated Data

IT-population: Least Square (15) means were derived from ANCOVA model with treatment, sile, baseline STS, and baseline ESS as covariates. Missing data were imputed using iast-available data, All comparisons made to control group. IT-population. Least Square (LS) means were derived from ANCOVA model with treatment, site, baseline STS, and baseline EDS as covariates. Missing data were imputed using last-available data. All comparisons made to control group.

Full Analysis Set 1: All patients who received >1 dose of study drug in ONSET- or ONSET-2. ITT-opoulation. LOCF. The Is means were derived from an ANCOVA model with study, site, treatment, baseline STS, and baseline EDS as covariates. All comparisons are made to vehicle control group.

Data Presented with imputation for missing assessments; observed data does not alter interpretation All comparisons made to control group. *Nominally statistically significant

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OC-01 (varenicline solution) Nasal Spray Improved Symptoms at Week 4 — Integrated Data

Mean Change From Baseline in Eye Dryness Score in the Clinic Environment (mm)

Data presented with imputation for missing assessments; observed data does not alter interpretation. All comparisons made to control group. *Nominal *p*-value

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There Is No Substitute for Natura | Tear Film

Growth factors, such as nerve growth factor (NGF) and epidermal growth factor (EGF), found in natural human tears, are critical regulators for corneal wound healing.

A healthy tear film lubricates and protects the eyes from injury and infection, washes away foreign particles, and contributes refractive power for clear vision.

TFOS DEWS II tear film report

Natural tears contain a complex mixture of lipids, proteins, mucins, and electrolytes^{1,2}

- Over 1,500 proteins
- 5+ lipid classes
- 20+ mucins

 Contains growth factors and has anti-inflammatory and antimicrobial properties

1. Klenkler B, Sheardown H, Jones L. Growth factors in the tear film: role in tissue maintenance, wound healing, and ocular pathology. O cul Suft. 2007;5(3):228-239.

2. Willcox MDP, Argüeso P, Georgiev GA, et al. TFOS DEWS II tear film report. O cul Surf. 2017;15(3):366-403.

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Amniotic Membrane Types

Cryopreserved

<u>Pros</u>

- FDA Approved
- Proprietary Freezing Process
- Ease of use (fitting a contact lens)

<u>Cons</u>

- Requires refrigeration and space in office
- Has to be thawed before use
- Ring placement can be uncomfortable
- Shorter shelf-life
- Price
Amniotic Membrane Types

Dehydrated

- Pros
 - Patient comfort
 - Variety of sizes
 - Reduced cost
 - Ease of use
- Requires BCL for retention or Lid Seal
- BCL can cause hypoxia
- Amniotic Membrane
 - Sizes: 8mm, 10mm, 12mm &14mm
 - Stored at room temperature
 - Shelf life of 5 years
 - Product can be placed either side down on ocular surface



Neurotrophin-3/Neurotrophin-4	NT-3/NT-4
Basic fiberblast growth factor	bFGF
Beta nerve growth factor	β-NGF
Epidural growth factor/Epidermal growth factor receptor	EGF/EGF-R
Glial cell line-derived neurotrophic factor	GDNF
Heparin binding growth factor	HB-EGF
Hepatocyte growth factor	HGF
Platelet-derived growth factor	PDGF-AA/PDGF-BB
Placenta growth factor	PIGF
Stem cell factor	SCF/SCF-R
Transforming Growth Factor Alpha	TGFa/TGFb1/TGFb3
Vascular endothelial growth factor	VEGF

Protein	Abbreviation
Growth differentiation factor 15	GDF-15
Interleukin 1a	IL-1α
Interleukin 1 Beta	IL-1β
Interleukin 1 receptor antagonist	IL-1ra
Interleukin 12 p40	IL-12p40
Interleukin 17	IL-17
Osteoprotegerin	OPG
Interleukin 8	IL-8
Intercellular adhesion molecule 1	ICAM-1
Tumor necrosis factor	TNF
Interleukin 4	IL-4
Interleukin 5 receptor	IL-6R
Macrophage colony-stimulating factor 1 receptor	MCSF R
B lymphocyte chemoattractant (CXCL 13)	BLC
Eotaxin 2	Eotaxin-2

Amniotic Membrane



Insertion



Autologous Serum Tear Substitutes

First described 1984 by Fox et al (for KCS), more after success in eyes with persistent epithelial defects (Tsubota et al 1999)

	TEARS	SERUM
Ph	7.4	7.4
Osmolality	298	296
Albumin (mg/l)	54	35-55
EGF (ng/ml)	1.5	0.7
TGF-b (ng/ml)	2-10	6-33
Vitamin A (mg/ml)	0.02	46
Lysozyme (mg/ml)	1.4	6
SIgA (ug/ml)	1190	2
Fibronectin (ug/ml)	21	205
Hepatocyte GF, NGF, IGF-1, Substance P, Complement, Fibroblast GF, cGRP, other Ig, etc.		\checkmark

National Outfit for ASED

- Present in almost every major city in the US
- Blood draw at patients home or work
- Sterile Processing
- Regular replacement
- Doctors must specify concentration -20% for most patients -40% for GVHD etc.

SCLERAL LENSES



Mucin Deficient Dry Eye Disease Management

INFLAMMATION/MUC EXPRESSION

MUCIN QUALITY











Category: Lubrication

- Preservative free formulations are required
- Good PFMD bottle
- Multi-use for extended period of time



Vitamin A

Active Ingredients	White Petrolatum (90%), Lanolin (6.9%), Light Mineral Oil (1.4%)
Inactive Ingredients	Retinol Palmitate (Vitamin A)
Preservative Free	1
Phosphate Free	1
Sterile Period (from first opening)	6 months
Presentation	0.18 fl. oz. (5g)
No of Applications	300
Indications	Moderate to Severe Forms of Dry Eye which require a more viscous ointment. Recommended for night time use

Morning Symptoms

5

PAULO DE DUCANT

Exposure Keratitis: Inadequate Lid Seal (ILS)











Morning Symptoms

- And leads to desiccative stress, MGD, blepharitis, exposure keratitis etc.
- It is NOT lagophthalmos
- ILS is an overnight inadequate lid seal
- Overnight eye seals
- Hypoallergenic
- Oxygen permeable
- Adequate mild adhesive
- Sensitive and regular





Loteprednol ointment is a corticosteroid indicated for the treatment of post-operative inflammation and pain following ocular surgery.





Patient Education and Tracking + Anterior Segment Photography

> Slit Lamp Imaging Systems



OSD CONCLUSIONS

- Impact on contact lenses, cataracts and spectacles/refraction is significant
- Start with the LID in mind
- Follow a straight forward diagnostic algorithm
- Use a treatment algorithm
- Incorporate new and effective technologies
- Communicate effectively



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